



RIVERSIDE COMMUNITY SPECIAL SCHOOL
Headteacher: Catherine Le Roux

Dear Parents/ Carers,

We are writing to let you know about our Sex and Relationship programme which is part of our Topic: "Growing up and Moving on". This is part of the Government Statutory National Curriculum for Science.

The following briefly shows you what the classes will be focusing on each week:

- 17th June: Discussing the difference between public and private body parts and naming our private body parts (both male and female).
- 24th June: Physical changes that happen to us as we grow up, including periods.
- 1st July: Social changes and emotional differences we may see as we grow up. Changes in friendships.
- 8th July: Consent in friendships and relationships
- 15th July: Childhood and school memories.

Pupils will only cover topics that are relevant to their understanding and needs and some lessons will be taught with girls and boys separately.

We are attaching a list of the words we will be teaching and using with the pupils. It is important that they learn the correct words for their private parts but we will also talk about appropriate slang words or words you prefer to use at home.

It is important that pupils understand when and where it is appropriate to use these words.

We have a range of resources including social stories, drawings and activities. If you would like to talk about this programme or see the resources, please contact your child's teacher via the office to arrange a time after school with us.

Yours sincerely

Miss Sole, Mr Dunstone and Mrs Walker

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Please see below for a list of vocabulary that we will be using during our Sex and Relationship sessions. The staff will be making it clear to the children that some of these words should not be used outside our classroom sessions unless they are speaking with an adult, are at home or are at the doctors.

Body parts which we may label:

Penis
Vagina
Womb
Testicles
Pubic
Breasts
Clitoris

Relationships:

Love
Intimate
Kiss
Relationship
Sex

Clothing:

Bra
Knickers
Pants

Growing up:

Wet dreams
Erections
Periods
Tampon
Pads



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